

# Kamloops Naturalist Club



## Greenstone Mountain – List of Flowers and Plants

June 2018

<u>Common Name</u>	<u>Scientific Name</u>
Anemone, Cut-leaved	<i>Anemone multifida</i>
Arnica, Heart-leaved	<i>Arnica cordifolia</i>
Asparagus, Garden	<i>Asparagus officianalis</i>
Aspen, Trembling	<i>Populus tremuloides</i>
Avens, Large-leaved	<i>Geum macrophyllum</i>
Alumroot, Round-leaved	<i>Heuchera cylindrica</i>
Black Medic	<i>Medicago lupulina</i>
Baneberry	<i>Actaea rubra</i>
Barley, Foxtail	<i>Hordeum jubatum</i>
Bedstraw, Sweet- scented	<i>Galium triflorum</i>
Bedstraw, Northern	<i>Galium boreale</i>
Bergamot, Wild	<i>Aralia nudicaulis</i>
Birch, Water	<i>Betula occidentalis</i>
Black Twinberry	<i>Lonicera involucrata</i>
Blue-eyed Mary, Small-Flowered	<i>Collinsia parviflora</i>
Brown-Eyed Susan	<i>Gaillardia aristata</i>
Buckwheat, Parsnip-flowered	<i>Eriogonum heracleoides</i>
Bulrush, Great	<i>Scirpus lacustris</i>
Buttercup, Meadow	<i>Ranunculus acris</i>
Cactus, Brittle Prickly-pear	<i>Opuntia fragilis</i>
Canarygrass	<i>Phalaris canariensis</i>
Cattail	<i>Typha latifolia</i>
Cheatgrass	<i>Bromus tectorum</i>
Chickweed, Field	<i>Cerastium arvense</i>
Cinquefoil, Diverse-leaved	<i>Potentilla diversifolia</i>
Cinquefoil, Sticky	<i>Potentilla glandulosa</i>
Clover, White	<i>Trifolium repens</i>
Clover, Alsike	<i>Trifolium hybridum</i>
Collomia, Narrow-leaved	<i>Collomia linearis</i>
Columbine, Red	<i>Aquilega Formosa</i>
Cottonwood, Black	<i>Populus balsamifera ssp. trichocarpa</i>
Corydalis, Golden	<i>Corydalis aurea</i>
Cow-Parsnip	<i>Heracleum sphondylium</i>
Cranesbill (Stork's-bill)	<i>Erodium cicutarium</i>
Curly Dock	<i>Rumex crispus</i>
Cypress, Summer	<i>Kochia scoparia</i>

Daisy, Cut-leaved	<i>Erigeron compositus, var. glabratus</i>
Daisy, Showy	<i>Erigeron speciosus</i>
Dandelion, Common	<i>Taraxacum officinale</i>
Death Camus	<i>Zigadenus venenosus</i>
Desert-parsley, Large-fruited	<i>Lomatium macrocarpum</i>
Desert-parsley, Swale	<i>Lomatium ambiguum</i>
Desert-parsley, Barestem	<i>Lomatium nudicaule</i>
Draba, Payson's	<i>Draba paysonii</i>
Dogwood, Red-osier	<i>Cornus stolonifera</i>
Falseflax, Little-podded	<i>Camelina microcarpa</i>
Fragile Fern	<i>Cystopteris fragilis</i>
Fescue, Rough	<i>Festuca campestris</i>
Flax, Wild Blue	<i>Linum perenne, ssp. Lewisii</i>
Fir, Interior Douglas	<i>Pseudotsuga menziesii</i>
Fireweed	<i>Epilobium angustifolium</i>
Forget-me-not, Mountain	<i>Myosotis alpestris</i>
Gentian, Northern	<i>Gentianella amarella</i>
Geranium, Sticky	<i>Geranium viscosissimum</i>
Gooseberry, Black	<i>Ribes lacustre</i>
Groundsel, Arrow-leaved	<i>Senecio triangularis</i>
Groundsel, Western	<i>Senecio integerrimus</i>
Gumweed, Curly-cup	<i>Grindelia squarrosa</i>
Hawkweed, Orange	<i>Hieracium aurantiacum</i>
Hawkweed, Slender	<i>Hieracium gracile</i>
Hedysarum, Yellow	<i>Hedysarum sulphurescens</i>
Hooker's Fairybells	<i>Disporum hookeri</i>
Hound's-tongue, Common	<i>Cynoglossum officinale</i>
Jacob's-ladder, Showy	<i>Polemonium pulcherrimum</i>
Junegrass	<i>Koeleria macrantha</i>
Juniper, Common	<i>Juniperus communis</i>
Juniper, Rocky Mountain	<i>Juniperus scopulorum</i>
Kinnikinnik	<i>Arctostaphylos uva-ursi</i>
Knapweed, Spotted	<i>Centaurea maculosa</i>
Lamb's- quarters	<i>Chenopodium album</i>
Larkspur, Upland	<i>Delphinium nuttallianum</i>
Lemonweed	<i>Lithospermum ruderales</i>
Lettuce, Blue	<i>Lactuca tatarica ssp. pulchella</i>
Lily, Chocolate	<i>Fritillaria lanceolata</i>
Lily, Mariposa	<i>Calochortus macrocarpus</i>
Lily, Tiger	<i>Lilium columbianum</i>
Locoweed, Field	<i>Oxytropis campestris var. Jordalii</i>
Lousewort, Bracted	<i>Pedicularis bracteosa</i>
Lupine, Arctic	<i>Lupinus arcticus</i>
Maple, Douglas	<i>Acer glabrum</i>
Meadowrue, Western	<i>Thalictrum occidentale</i>
Milk-vetch, Timber	<i>Astragalus miser</i>
Mistletoe, Western Dwarf	<i>Arceuthobium americanum</i>
Mitrewort, Common	<i>Mitella, nuda</i>
Monkey-flower, Yellow	<i>Mimulus guttatus</i>
Mountain Sagewort	<i>Artemisia norvegica ssp. saxatilis</i>

Mullein, Great	<i>Verbascum thapsus</i>
Nettle, Stinging	<i>Urtica dioica</i>
Old Man's Whiskers	<i>Geum triflorum</i>
Onion, Nodding	<i>Allium cernuum</i>
Orchardgrass	<i>Dactylis glomerata</i>
Paintbrush, Common Red (Indian)	<i>Castilleja miniata</i>
Parsnip, Water	<i>Sium suave</i>
Pearly Everlasting	<i>Anaphalis margaritacea</i>
Penstemon, Shrubby	<i>Penstemon fruticosus</i>
Penstemon, Small-flowered	<i>Penstemon procerus</i>
Peppergrass, Claspingleaved	<i>Lepidium perfoliatum</i>
Peppergrass, Field	<i>Lepidium campestre</i>
Pineapple Weed	<i>Matricaria discoidea</i>
Pinegrass	<i>Calamagrostis rubescens</i>
Pine, Lodgepole	<i>Pinus contorta var. Latifolia</i>
Pine, Ponderosa	<i>Pinus ponderosa</i>
Pussytoes, Field	<i>Antennaria neglecta</i>
Pussytoes, Racemose	<i>Antennaria racemosa</i>
Pussytoes, Rosy	<i>Antennaria microphylla</i>
Raspberry, Red	<i>Rubus idaeus</i>
Redtop	<i>Agrostis gigantea</i>
Rockcress, Holboell's	<i>Arabis holboellii</i>
Rockcress, Lyall's	<i>Arabis lyallii</i>
Rose, Prairie	<i>Rosa woodsii</i>
Rose, Prickly	<i>Rosa acicularis</i>
Rose, Baldhip	<i>Rosa gymnocarpa</i>
Rose, Nootka	<i>Rosa nutkana</i>
Sage, Pasture	<i>Artemisia frigida</i>
Sagebrush, Big	<i>Artemisia tridentata</i>
Salsify, Yellow	<i>Tragopogon dubius</i>
Sandwort, Alpine	<i>Minuartia obtusiloba</i>
Sandwort, Thread-leaved	<i>Arenaria capillaris</i>
Saskatoon	<i>Amelanchier alnifolia</i>
Sarsaparilla, Wild	<i>Aralia nudicaulis</i>
Saxifrage, Leatherleaf	<i>Leptarrhena pyrolifolia</i>
Saxifrage, Spotted	<i>Saxifraga bronchialis</i>
Self-heal	<i>Prunella vulgaris</i>
Shepherd's Purse	<i>Capsella bursa-pastoris</i>
Shootingstar, Few-flowered	<i>Dodecatheon pulchellum</i>
Silverweed	<i>Potentilla anserina</i>
Snowberry, Common	<i>Symphoricarpos albus</i>
Soopolallie	<i>Shepherdia Canadensis</i>
Speedwell, Marsh	<i>Veronica Scutellata</i>
Spirea, Birch-leaved	<i>Spirea betulifolia</i>
Spring Beauty, Western	<i>Claytonia lanceolata</i>
Spruce, Engelmann	<i>Picea engelmannii</i>
Strawberry, Wild	<i>Fragaria virginiana</i>
Stickseed, Blue	<i>Hackelia micrantha</i>
Stoncrop, Lance-leaved	<i>Sedum lanceolatum</i>
Subalpine Fir	<i>Abies lasiocarpa</i>

Sweet Cicely, Mountain	<i>Osmorhiza chilensis</i>
Sweet-clover, White	<i>Melilotus alba</i>
Sweet-clover, Yellow	<i>Melilotus officinalis</i>
Tall Oregon Grape	<i>Mahonia aquifolium</i>
Thimbleberry	<i>Rubus parviflorus</i>
Thistle, Bull	<i>Cirsium vulgare</i>
Thistle, Hooker's	<i>Cirsium hookerianum</i>
Timothy, Common	<i>Phleum pratense</i>
Tumble-mustard, Loesel's	<i>Sisymbrium loeselii</i>
Tumble-mustard, Tall	<i>Sisymbrium altissimum</i>
Trisetum, Spike	<i>Trisetum spicatum</i>
Violet, Early blue	<i>Viola adunca</i>
Water Parsnip	<i>Sium suave</i>
Water Smartweed	<i>Polygonum amphibium</i>
Wallflower, Small	<i>Erysimum inconspicuum</i>
Wheatgrass, Bluebunch	<i>Pseudoroegneria spicata</i>
Wheatgrass, Crested	<i>Agropyron cristatum</i>
White Bog Orchid	<i>Platanthera dilatata</i>
Wildrye, Blue	<i>Elymus glaucus</i>
Wildrye, Giant	<i>Elymus cinereus</i>
Willow	<i>Salix sp.</i>
Willowherb, Purple-leaved	<i>Epilobium ciliatum</i>
Wintergreen, One-sided	<i>Orthiliasecunda</i>
Woodland Star, Small-flowered	<i>Lithophragma parviflorum</i>
Yarrow	<i>Achillea millefolium</i>
Yellow Rattle	<i>Rhinanthus minor</i>

Source: Eric McAlary and KNC members from annual visits to Greenstone Mountain that usually occur on the Sunday closest to July 1<sup>st</sup> each year.